

Website
www.mix.org.nz

facebook
<https://www.facebook.com/MixInc/>

MIX Lower Hutt

212 Knights Road
Staff Phone: 569-3162
Participants Phone: 569-7271

Opening Hours:

Mon - Fri: 9:30 am - 3:00 pm

MIX Upper Hutt

Upper Hutt Bowling Club,
37 Exchange Street
Phone: 04 528 7342

Text: 027 317 5683

Opening Hours:

Mon, Tuesday and Wednesdays:
9:30 am - 3:00 pm
Van ride available Thurs & Fri

MIX Wainuiomata

6 Rowe Parade,

Wainuiomata
Phone: 0273061175

Opening Hours:

Mon - Fri: 10:00 am - 3:00 pm

Fri: Lower Hutt combined trip

After Hours Support Options

Warmline: 0800 200 207
Depression Support line: 0800 111 757
Text 1737 Healthline: 0800 611 116



Connecting, Creating, Living

JUNE 2022 Timetable

We look forward to welcoming you

Interested in joining MIX?

***Call us to arrange a time to pop in and try a session visit:
www.mix.org.nz***

Timetable is subject to change

Te Whare Marama Art Rooms - 212 Knights Road Lower Hutt - Timetable - June 2022

	Rāhina / Monday	Rātū / Tuesday	Rāapa / Wednesday	Rāpare / Thursday	Rāmere / Friday	
	Clare & Miranda	Clare & Kathy	Kathy & Katie	Kathy & Clare	Kathy & Garry	
	30 May	31 May	1 June	2 June	3 June	
09:30	Clay & Open Studio	Clay & Open Studio	Creativity & Craft with Kathy & Katie	Clay & Open Studio	Art Trip - 10am NZ Art Show TSB Arena	
10:30						Art Participants Meeting
11:00						
12:00	\$2 kai	Pie Day Lunch	art rooms closed for lunch	art rooms closed for lunch	\$2 Burgers	
13:00	Open Studio	Open Studio	Open Studio	Open Studio	Open Studio	
	6 June	7 June	8 June	9 June	10 June	
09:30	Queens Birthday	All Day	Set up of Annual Exhibition at Odlin Gallery			
10:30		Set up of Annual Exhibition at Odlin Gallery		Artists to Staff Exhibition	Artists to Staff Exhibition	
12:00		Closed	Art rooms closed	art rooms closed for lunch	\$2 Burgers	
13:00			MIX Exhibition Opening 5:30PM AT ODLINS ART CENTRE!	Open Studio	Open Studio	
	13 June	14 June	15 June	16 June	17 June	
09:30	Artists to Staff Exhibition	Artists to Staff Exhibition	Artists to Staff Exhibition	Artists to Staff Exhibition	Artists to Staff Exhibition	
10:30	Clay & Open Studio	Clay & Open Studio	Creativity & Craft with Kathy & Katie	Clay & Open Studio	Art Trip - MIX Exhibition @ Odlin	
11:00						
12:00						\$2 Kai
13:00	Open Studio	Open Studio	Open Studio	Open Studio	Open Studio	
	20 June	21 June	22 June	23 June	24 June	
09:30	Clay & Open Studio	Clay & Open Studio	Creativity & Craft with Kathy & Katie	Clay & Open Studio	Matariki Holiday MIX CLOSED	
10:30						Art Participants Meeting
11:00						
12:00		\$2 kai				Pie Day Lunch
13:00	Open Studio	Open Studio	Open Studio	Open Studio		
	27 June	28 June	29 June	30 June	1 July	
09:30	Clay & Open Studio	Clay & Open Studio	Creativity & Craft with Kathy & Katie	Clay & Open Studio	Art Trip 10am Pataka	
10:30						Art Participants Meeting
11:00						
12:00	\$2 kai	Pie Day Lunch	art rooms closed for lunch	art rooms closed for lunch	art rooms closed for lunch	
13:00	Open Studio	Open Studio	Open Studio	Open Studio	Open Studio	

Wellbeing House - Community Timetable - 212 Knights Road, Lower Hutt - June 2022

	Rāhina / Monday	Rātū / Tuesday	Rāapa / Wednesday	Rāpare / Thursday	Rāmere / Friday
	30 May	31 May	1 June	2 June	3 June
09:30	GaiaTV	Knitting club	Wellbeing Wednesday	Trip Day	MUSIC TV
10:30	Participants' meeting	Games Morning	Gardening Club Knights Road	The World Exchange Cultural Investigation Day	Lounge Karaoke
11:00	Participant led Quiz			Authentic Cuisine Lunch	
12:00	\$2 Kai	Pie Day			\$2 Burgers
13:30	Mindful Monday with Hudson	Ignite Gym (1:10-2:30) Max 8 participants	Wellbeing Wednesday with Shelley	kaibosh food rescue for programme participants	Music Helps with Fiona
14:15	Story Time with Hudson				
	6 June	7 June	8 June	9 June	10 June
09:30		GaiaTV		Trip Day	MUSIC TV
10:30	Queens Birthday Holiday	Guest Speaker	MIX CLOSED for EXHIBITION	Transmission Gully & Waikane Beach Forage	Lounge Karaoke
11:00	MIX CLOSED	Pie Day		Picnic Lunch	\$2 Burgers
12:00			Van rides from MIX 5pm		
13:30		Ignite Gym (1:30-2:30) Max 8 participants		kaibosh food rescue for programme participants	Music Helps with Fiona
14:15					
	6 June	14 June	15 June	16 June	17 June
09:30	GaiaTV	Knitting club	Wellbeing Wednesday	Trip Day	MUSIC TV
10:30	Participants' meeting			Elevation: & Time Scales	
11:00	Participant led Quiz	Games Morning	Gardening Club Knights Road	Interactive Matariki Art Installation	Lounge Karaoke
12:00	\$2 Kai	Pie Day	Bring your own lunch day	Picnic Lunch	\$2 Burgers
13:30	Mindful Monday with Hudson	Ignite Gym (1:30-2:30) Max 8 participants	Wellbeing Wednesday with Shelley	Mount Victoria	Music Helps with Fiona
14:15	Story Time with Hudson			kaibosh food rescue for programme participants	
	20 June	21 June	22 June	23 June	24 June
09:30	GaiaTV	Knitting club	Wellbeing Wednesday	Trip Day	Matariki Holiday
10:30	Participants' meeting	Games Morning	Gardening Club Knights Road	Trip to Wainuiomata MIX for Tikanga Immersion Day	MIX CLOSED
11:00	Participant led Quiz				
12:00	\$2 Kai	Pie Day	Bring your own lunch day	Hangi	
13:00		Ignite Gym (1:30-2:30) Max 8 participants			
13:30	Mindful Monday with Hudson		Wellbeing Wednesday with Shelley	kaibosh food rescue for programme participants	
14:15	Story Time with Hudson				
	27 June	28 June	29 June	30 June	1 July
09:30	GaiaTV	Knitting club	Wellbeing Wednesday	Trip Day	MUSIC TV
10:30	Participants' meeting	Games Morning	Gardening Club Knights Road	Buddist Temple	Lounge Karaoke
11:00	Participant led Quiz				
12:00	\$2 Kai	Pie Day	Bring your own lunch day	Picnic Lunch	\$2 Burgers
13:00		Ignite Gym (1:30-2:30) Max 8 participants			
13:30	Mindful Monday with Hudson		Wellbeing Wednesday with Shelley	kaibosh food rescue for programme participants	Music Helps with Fiona
14:15	Story Time with Hudson				

MIX Upper Hutt Community & Wellbeing Timetable June 2022

	Rāhina / Monday	Rātū / Tuesday	Rāapa / Wednesday	Rāpare / Thursday	Rāmere / Friday
	30 May	31 May	1 June	2 June	3 June
09:30	Audiobook Story	Audiobook Story	Audiobook Story	Audiobook Story	Van to Lower Hutt 9.30am. Call to arrange pick up .
10:30	Exploring Music	Paper mache Projects	Meditation , Yoga & Inner calm with Janice	<i>Meal & Visitor Preparation</i>	Music Appreciation
11:00		Pie Day	Spanish Class	UH World Tours	\$2 Kai
12:00	\$2 Kai		Lunch	First Stop Mexico	Music Helps
13:00	1pm Participants meeting		Chess with Fred	Cultural Cuisine Lunch	
	6 June	7 June	8 June	9 June	10 June
09:30	Queens Birthday Holiday	Audiobook Story	Mix is closed for Exhibition prep	Combined Trip with Lower Hutt	Van to Lower Hutt 9.30am. Call to arrange pick up .
10:30		Matariki Star Project		Waikanae Beach Forage	Music Appreciation
11:00		Pie Day	Doors open 3.30pm	Transmission Gully Trip	\$2 Kai
12:00			Depart for Exhibition at 4.30	Picnic Lunch	Music Helps
13:00					
	13 June	14 June	15 June	16 June	17 June
09:30	Music TV	Audiobook Story	Audiobook Story	Audiobook Story	Van to Lower Hutt 9.30am. Call to arrange pick up .
10:30	Exploring Music	Matariki Star Project	Meditation , Yoga & Inner calm with Janice	Music & Movement Day	Music Appreciation
11:00		Pie Day	Spanish Class		\$2 Lunch
12:00	\$2 Kai		Lunch	Picnic Lunch	Music Helps
13:00	1pm Participants meeting		Chess with Fred		
	20 June	21 June	22 June	23 June	24 June
09:30	Music TV	Audiobook Story	Audiobook Story	Combined Trip with Lower Hutt	Matariki Holiday MIX CLOSED
10:30	Exploring Music	Autumn/winter Art	Meditation , Yoga & Inner calm with Janice	Tikanga Day in Wainuiomata	
11:00		Pie Day	Spanish Class		
12:00	\$2 Kai		Lunch	Hangi Lunch	
13:00	1pm Participants meeting		Chess with Fred		
	27 June	28 June	29 June	30 June	1 July
09:30			Audiobook Story	Combined Trip with Lower Hutt	Van to Lower Hutt 9.30am. Call to arrange pick up .
10:30	Exploring Music	Autumn/ Winter Art	Meditation , Yoga & Inner calm with Janice	Buddist Temple	Music Appreciation
11:00			Spanish Class		\$2 Lunch
12:00	\$2 Kai	Pie Day	Lunch	Picnic Lunch	Music Helps
13:00	Participants Meeting		Chess with Fred		

Wainuiomata Te Whare Toi Ora - 6 Rowe Parade - Art Programme - June 2022 Timetable

	Rāhina / Monday	Rātū / Tuesday	Rāapa / Wednesday	Rāpare / Thursday	Rāmere / Friday
	30 May	31 May	1 June	2 June	3 June
09:30	karakia	karakia	karakia	karakia	combined day with Lower Hutt Art Trip NZ Art Show
10:00	Open studios	Open Studios	Waituhi/Painting	Waiata & Poi	
11:00		Fusing plastic sheets for sewing	Lounge Karaoke		
12:00	Upcycled wall decorations		Uku/Clay	Whakairo/Bone carving	Lower Hutt
	Bone carving	Story Telling	Lounge Quizz	beginners welcome	
	6 June	7 June	8 June	9 June	10 June
09:30	Queens Birthday	Set up of Annual Exhibition at Odlin Gallery	Exhibition setup	karakia	combined day with Lower Hutt MIX Exhibition
10:00			CLOSED	Waiata & Poi	
11:00	CLOSED	CLOSED	Exhibition opening		Lower Hutt
12:00			5.30pm - 7.00 ALL WELCOME		
13:00			Refreshments, Live music	Whakairo/Bone carving	
13:30			Great art and craft	beginners welcome	
	13 June	14 June	15 June	16 June	17 June
09:30	karakia	karakia	karakia	karakia	combined day with Lower Hutt MIX Exhibition
10:00	Open studios	Open Studios	Waituhi/Painting	Waiata & Poi	
11:00		Fusing plastic sheets for sewing	Lounge Karaoke		
12:00		Pen Drawing - Gary			Lower Hutt
13:00	Upcycled wall decorations		Uku/Clay	Whakairo/Bone carving	
13:30	Bone carving	Story Telling	Lounge Quizz	beginners welcome	
	20 June	21 June	22 June	23 June	24 June
09:30	karakia	karakia	karakia	Tikanga Immersion Day	Matariki Holiday MIX closed
10:00	Open studios	Open Studios	Waituhi/Painting	Vistors!	
11:00		Fusing plastic sheets for sewing	Lounge Karaoke		
12:00				Hangi	
13:00	Upcycled wall decorations		Uku/Clay		
13:30	Bone carving	Story Telling	Lounge Quizz		
	27 June	28 June	29 June	30 June	1 July
09:30	karakia	karakia	karakia	karakia	combined day with Lower Hutt Art Trip Pataka
10:00	Open studios	Fusing plastic sheets for sewing	Waituhi/Painting	Waiata & Poi	
11:00			Lounge Karaoke		Lower Hutt
12:00		Pen Drawing - Gary			
13:00	Upcycled wall decorations		Uku/Clay	Whakairo/Bone carving	
13:30	Bone carving	Story Telling	Lounge Quizz	beginners welcome	